

AFTER CARE:

AREOLAR AND NIPPLE MICRO-PIGMENTATION

AFTER ARRIVING AT HOME: Remove the bandage. Lightly *rinse to remove blood and moisture that was under your bandage*. It is easier to care for your new tattoo (s) when wearing a loose-fitted shirt and no bandage. However, if you need to wear a bandage, always apply ointment as a barrier so your new skin will not get stuck to the bandage. Air drying is best and will allow it to heal faster.

DAILY CARE: *bodily fluids start to weep immediately and may last for 2-3 days*. Pat with a damp Kleenex when you see moisture. Please make sure to not touch the area more than what is recommended or too aggressively. When patting with a damp-sterile product, we are trying to remove the Lymphatic fluids. Not patting will create heavy scabs and poor retention.

Day 1: usually every 1-2 hours

Day 2: usually every 3-4 hours

Day 3: send a picture to determine your next steps.

DAILY OR NIGHTLY SHOWERING:



With clean hands, gently wash the area with a gentle cleanser, your body soap is fine.

DO NOT let the hot water spray on your tattooed breasts

DO NOT let water soak on your tattooed breasts. Wet is okay, just not soaked.

NIGHT CARE:



Your new tattoos must be protected while sleeping the first 3-4 days.

Before applying a bandage, use a sterile product to add a thick amount of ointment to cover the entire tattooed area. The ointment will prevent the bandage from sticking to your new skin. Make sure to remove the bandage and clean off the ointment upon waking the next day.

Not following the aftercare will result in you to have a greater risk of infection as well as lack of pigment retention.

CALL or TEXT IMMEDIATELY IF THE AREA APPEARS RED, SWOLLEN, OR SHOWS SIGNS OF AN INFECTION.

(941)348-1933 Michelle



What should you expect after the procedure?

Slight swelling, redness, or sensitivity will ease within 1– 3 days, depending on your skin.

At first, your tattoos will appear dark, this is normal. You will start to notice slight fading of the pigment and softening of the color as it heals.

You will form a little amount of scabs, depending on how well the lymphatic fluids were removed and how your body heals. Add a small amount of ointment on day 3 or later to keep any scabs you may have from drying out. A moist scab will come off sooner. This could take 6-10 days. **DO NOT PICK, PEEL, RUB OR SCRATCH. ALLOW IT TO FLAKE OFF ON ITS OWN.** *It is important to allow the healing process to take its natural course!* **Scarring can occur if the scabs are removed or accidentally rubbed off prematurely.** Your tattoo may have a waxy/shiny appearance after days 6-10, this is normal. Your new skin is hiding the color. It will eventually blossom after the skin fully heals. This could be immediate or up to a few weeks.

DO NOT expose your tattoos to the sun, tanning beds, lake water, ponds, oceans, hot tubs, pools, and saunas *until all scabs are off. This could be 1-2 weeks.*

Gently pat dry following showers or baths – even 2 to 3 months after tattooing procedure, allowing optimal time for healing.

DO NOT expose your tattoos to dust or dirt. NO mud wrestling or washing the dog... you get the idea.

DO NOT sweat in the area of your tattoo. You can use the new tattoos as an excuse to get out of house work. I've got your back! The truth is, you can clean your house. Just don't sweat excessively!

It is important to remember that tattooing is an art, not an exact science.

Two important factors will contribute to the success of your final outcome and are reliant on:

1. How well you follow the post procedure instructions.
2. Your own body's ability to retain the pigment (which varies from person-to-person).

In some cases, a touch up visit may be necessary. It cannot be done before 6 weeks from your initial appointment

CONGRATULATIONS AND THANK YOU FOR ENTRUSTING ME TO BE A PART OF YOUR JOURNEY.

Please contact Michelle for any concerns or questions.

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