



# SeaChelle's Permanent Makeup LLC

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## CLIENT POST PROCEDURE INSTRUCTIONS

After your procedure, you will be swollen (usually very little) and look a little uneven, red, and irritated. Your tattoos will also appear much darker and thicker than the final result. Once healed, expect them to fade 30-50%. This is 100% normal and expected. **Eyeliner, Eyebrows, & Lips can disappear once they heal and then reappear. This is normal. Be patient please, the new skin needs time to soften and allow the ink to resurface.**

DO NOT expose your tattoos to the sun, tanning beds, lake water, ponds, oceans, hot tubs, pools, saunas, rain or puddles *during the healing phase. There is a greater risk of infection and a lack of pigment retention may result.*

**Lips:** Drink through a straw, avoid salty or spicy foods, no sun, no water on lips for days 1-3

Day 1: Swelling, tender, will look like a heavy thick lipstick with a reddish brick color effect.

Day 2: Slight swelling, reddish and tender with a metallic flavor.

Day 3: Less swelling, thicker texture, sore, hot feeling. Color begins to change.

Day 4: Exfoliation begins and will feel chapped. **DO NOT PICK!**

Day 5: Very chapped, but almost finished with first chapping stage.

Day 6: A soft-rich color begins to appear.

Days 7-13: Lip color disappears and the “frosty” 2nd chapping stage begins as a whitish haze (new skin formation) on the lips.

Day 14: Color “blooms” with more color appearing each day until day 21 (3 weeks post procedure) when the color will stop changing.

Day 21: Healing is complete, the color you see is the color you have. Your lips will remain a bit dry for a month or two. Use a good balm and they will return to normal, but with full color.

**Eyeliner** (Apply ointment when you shower: day 1-5 or until all scabs come off. Also apply a small amount of ointment anytime an itching or a tight feeling occurs.)

Day 1: Swollen, like you've been crying, with a heavier eye make-up look.

Day 2: Slight swelling, usually for only a few hours after waking up.

Day 3: The pigment begins to form a scab.

Day 4: Slight itching will occur and is normal as the skin begins to flake: **DO NOT PICK.**

Day 5: The scab usually is off, but could take longer to shed completely. The color is somewhat gray and will take a few more days or up to three weeks to show the full color. Do NOT be concerned. The skin needs time for the oxygen and blood flow to form in the new skin before you will see the actual color of your new tattoo. Be patient.

**Eyebrows** (Apply ointment when you shower: from day 3-7 or until all scabs come off. Also apply a small amount of ointment anytime an itching or tight feeling occurs. The size of the triangle on your packet is enough for both brows)

Days 1 & 2: Lightly pat your new tattoos with a damp cotton ball or a Kleenex. **NO TAP WATER**, only bottled, filtered, or distilled water. Use caution with fabric or other materials, ink will stain. (ex. bedding, clothes, towels, etc.) Be advised, your eyebrows are approximately 30 to 50% darker, bolder in color, and distortions of the width due to swelling) and dryness (usually subsides in 1-2 days). The shape will go back to normal once all the scabs fall off.

Days 3-4: Eyebrows become itchy and will appear a bit thicker in texture due to the start of the exfoliation process. When you feel dry, tight or itching **ADD A SMALL AMOUNT OF OINTMENT**, the size of the triangle on your packet is enough for both brows. **REMEMBER: DO NOT PICK.**

Day 5-10: Scabs are lifting off the skin and will start to shed. The new skin appears lighter next to the scab with oxidized ink. Do not worry, when all the scabs come off the color resurfaces. The skin needs time for the oxygen and blood flow to form in the new skin before you will see the actual color of your new tattoo. This can take 1-4 weeks, be patient.

Note:

Colors appear brighter and more sharply defined immediately following the procedure. As healing progresses, color will soften. Final results cannot be determined until healing is complete in about 4 weeks.

- It is important to remember that permanent makeup is an art and not an exact science.
- Two important factors will contribute to the success of your final outcome and are reliant on:
  - a. How well you follow the post procedure instructions.
  - b. Your own body's ability to retain the pigment (which varies from person-to-person).

In most cases, a touch up visit may be necessary. It must be completed within a reasonable amount of time after the initial procedure is complete, but cannot be done before 4 weeks. More than likely, an appointment was made immediately following your first procedure. Please keep your appointment. I care about how you look! One reason is because you deserve to be beautiful and the second is because you are my walking billboard. Thank you!

#### OTHER CONSIDERATIONS:

- **YOU MAY NOT BE ABLE TO DONATE BLOOD FOR A SHORT TIME** (contact the blood bank for more information).
- Use a new tube of Mascara after having an eyeliner procedure to prevent cross-contamination that may cause an infection.
- Clients who received a lip procedure should continue to use their fever blister, cold sore, or Herpes Simplex medication according to the doctor's directions.
- Avoid RETIN-A, lasers, and facial peels on your tattoos as they may remove permanent cosmetic color.
- No botox until after your touch up. Botox will dissolve and put the permanent makeup in a different location.
- Avoid sweating, sunning, swimming, and saunas. All of these can negatively affect the results of your permanent makeup.

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